

We just wanted to drop a quick note of thanks to the DMHC provider at Sunrise of Cary today (we think it was Lisa). Maria has Alzheimer's disease and became upset late this morning. Although she wasn't on the schedule to be seen today, the DMHC provider spent time trying to help settle Maria down and even helped her to call us (per Maria's request). Ultimately, Maria had to be medicated with Ativan, but only after other calming attempts had been made. It was a couple of hours later before I was able to get to Sunrise to check on Maria. But when I arrived, she was calmly resting in her room. The dose must have been ideal - she awoke easily and remembered that the doctor had been in. She showed me how the provider helped her to take deep breaths, had told her to rest today and Maria even stated that she liked her (the doctor). She seemed relaxed and comfortable, but not overly sedated. Although we understand that medicating patients come with risks, it can sometimes also be the kindest thing to do.

We just wanted to say THANK YOU to the care provider who helped Maria today. We realize that often you have a very difficult, thankless job. But please know that today you helped improve the quality of life for a confused and agitated patient as well as provide her family with peace of mind.

With gratitude,

Gabe and Kathy M.